



Monday

Spaghetti Chicken Carbonara / Vegan

option – Quorn Carbonara

Cheese or Ham Sandwich

Sultana Pudding & Custard or Fruit

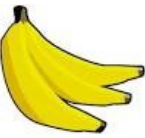
Chilled milk or Water



Overleigh St Mary's CE Primary

School Cosmic Canteen

Menu Week 3



Thursday

Chicken Strips or Quorn Strips,
Mashed Potatoes, Farmhouse Veg.

Cheese or Turkey Barm or Wrap
with Soup of the Day

Ice Cream or Fresh Fruit Smoothie

Chilled Milk or Water



Wednesday

Pork Meat Balls in Tomato & Herb Sauce or
Vegan Style Balls, Roast Potatoes, Mediter-
ranean Veg

Cheese or Egg Sandwich

Pear Crumble and Custard or Fruit

Chilled milk or Water



Tuesday

Chicken Korma Strips, or Quorn Korma
Curry, Rice, Naan Bread and green beans

Cheese or Ham Barm or Warp plus Soup
of the Day

Jam&Coconut Sponge or Fruit

Chilled milk or Water



Week 3

29th April

20th May

Available every day

Salad bar, bread, fresh fruit

Friday

Sasuage Roll, Vegan Sasuage Roll or
Jumbo Cod Fish Fingers, Chips, Gar-
den Peas, Baked Beans

Cheese or Egg Sandwich

Cookies or Fruit

Water or

Chilled milk